
First Congregational Church

20 September 2020



Communion

2610 East Northern Lights Blvd., Anchorage, Alaska 99508

907.272.8363—www.fccak.org

Enter with a spirit of preparation as we gather ourselves for worship

Prelude: "Prelude on an *Irish Church Melody*" C. W. Stanford

Welcome and Announcements

Invocation: (unison) Psalm 105:1-5a

O give thanks to the LORD, call on God's name,
make known God's deeds among the peoples.

Sing to God, sing praises to God;
tell of all God's wonderful works.

Glory in God's holy name;

let the hearts of those who seek the LORD rejoice.

Seek the LORD and God's strength;
seek God's presence continually.

Remember the wonderful works God has done.

Musical Offering

Children's Moment

Invitation to Giving

Dedication of Gifts: (unison)

May our gifts become symbols of our intention to minister with
God to satisfy the needs of those whom God loves.

Prayers of the People

Silent Prayer

Pastoral Prayer

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our debts as we forgive our debtors. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory forever. Amen.

Hymn: "Glorious Things of Thee Are Spoken" No. 709, Pg.7

Scripture Reading: Exodus 16:2-15

² The whole Israelite community complained against Moses and Aaron in the desert. ³ The Israelites said to them, "Oh, how we wish that the Lord had just put us to death while we were still in the land of Egypt. There we could sit by the pots cooking meat and eat our fill of bread. Instead, you've brought us out into this desert to starve this whole assembly to death."

⁴ Then the Lord said to Moses, "I'm going to make bread rain down from the sky for you. The people will go out each day and gather just enough for that day. In this way, I'll test them to see whether or not they follow my Instruction. ⁵ On the sixth day, when they measure out what they have collected, it will be twice as much as they collected on other days." ⁶ So Moses and Aaron said to all the Israelites, "This evening you will know that it was the Lord who brought you out of the land of Egypt. ⁷ And in the morning you will see the Lord's glorious

presence, because your complaints against the Lord have been heard. Who are we? Why blame us?" ⁸ Moses continued, "The Lord will give you meat to eat in the evening and your fill of bread in the morning because the Lord heard the complaints you made against him. Who are we? Your complaints aren't against us but against the Lord."

⁹ Then Moses said to Aaron, "Say to the whole Israelite community, 'Come near to the Lord, because he's heard your complaints.'" ¹⁰ As Aaron spoke to the whole Israelite community, they turned to look toward the desert, and just then the glorious presence of the Lord appeared in the cloud.

¹¹ The Lord spoke to Moses, ¹² "I've heard the complaints of the Israelites. Tell them, 'At twilight you will eat meat. And in the morning you will have your fill of bread. Then you will know that I am the Lord your God.'"

¹³ In the evening a flock of quail flew down and covered the camp. And in the morning there was a layer of dew all around the camp. ¹⁴ When the layer of dew lifted, there on the desert surface were thin flakes, as thin as frost on the ground. ¹⁵ When the Israelites saw it, they said to each other, "What is it?" They didn't know what it was.

Moses said to them, "This is the bread that the Lord has given you to eat.

Sermon:

"If Only..."

Rev. Jacob L. Poindexter

☞ Service of Holy Communion ☞

This community meal celebrating Communion at FCC is an open table.

All are welcome to share in this meal, no matter what your faith tradition may be.

No matter what has led you to this moment, young and old alike come to share.

May this moment be a time of grace and belonging

Invitation:

ONE: God in Christ calls us to this meal of growing imagination...

ONE: At this table we receive God's peace made food, God's solidarity with us made living and real. What we receive, we now share together.

Communion Prayer:

ONE: May God be with you.

ALL: And also with you!

ONE: Gather in your hearts.

ALL: We gather together with God.

ONE: Let us give thanks to God among us.

ALL: It is right to give God thanks and praise!

ONE: Through the Spirit's imagining, we give thanks...

Words of Institution:

One: We remember ...

One: So now, renewing God, bless those gathered here, together with this bread and cup, through the outpouring of your Holy Spirit. Through this meal, make us one household, the church, your serving people, that we may be the bread and cup shared for your hope for the world.

All: Amen! Come Holy Spirit!

Gathering and Preparation of Elements at Home

You are invited to share in the bread and cup elements as you are ready. They may be bread and wine, cookies and milk, Chic-O-Sticks and Dr. Pepper, or beef jerky and water. This is a shared meal of grace and belonging.

We eat together the promise of fullness of life.

Prayer of Thanksgiving:

ALL: Gracious God, we thank you for this meal and for all of the ways you nourish us. Grow among us that we may nourish others. Sustain us as we press toward the goal of your call in Christ Jesus. Amen.

Hymn: "Guide Me O Thou Great Jehovah" **No. 622, Pg. 8**

Benediction

Postlude: "Recessional in Eb" **David Johnson**

709 Glorious Things of Thee Are Spoken

1. Glo - rious things of thee are spo - ken,
 2. See, the streams of liv - ing wa - ters,
 3. Round each hab - i - ta - tion hov - ering,

Zi - on, cit - y of our God; God, whose word can -
 spring - ing from e - ter - nal love, well sup - ply thy
 see the cloud and fire ap - pear for a glo - ry

not be bro - ken, formed thee for a blest a - bode.
 sons and daugh - ters, and all fear of want re - move.
 and a cov - ering, show - ing forth that God is near!

On the Rock of A - ges found - ed, what can shake thy
 Who can faint, while such a riv - er ev - er flows their
 Thus de - riv - ing from their ban - ner light by night and

sure re - pose? With sal - va - tion's walls sur -
 thirst to as - suage? Grace, which like our God, the
 shade by day, safe they feed up - on the

round - ed, thou may - est smile at all thy foes.
 Giv - er, nev - er fails from age to age.
 man - na which God gives them when they pray.

Guide Me, O Thou Great Jehovah 622



1. Guide me, O thou great Je - ho - vah, pil - grim through this
 2. O - pen now the crys - tal foun - tain, whence the heal - ing
 3. When I tread the verge of Jor - dan, bid my anx - ious



bar - ren land; I am weak, but thou art might - y; hold me with thy
 wa - ters flow; let the fire and cloud - y pil - lar lead me all my
 fears sub - side; bear me through the swell - ing cur - rent; land me safe on



power - ful hand; bread of heav - en, bread of heav - en,
 jour - ney through; strong De - liv - erer, strong De - liv - erer,
 Ca - naan's side; songs of prais - es, songs of prais - es,



feed me till I want no more, feed me till I want no more.
 be thou still my strength and shield, be thou still my strength and shield.
 I will ev - er give to thee, I will ev - er give to thee.



WORDS: William Williams, 1745; tr. Peter Williams and the author, 1771
 MUSIC: John Hughes, 1907

CWM RHONDDA
 87.87.877

Sunday Worship – Online!

Joining FCC worship service by video:

-Click this link, or type it into your browser: <https://zoom.us/j/714054878>

-Password: 9072728363

•Desktop/laptop:

- * If you are using a computer or laptop, you may be prompted to open the Zoom app. If you do not have it already, press 'cancel' and there will be a link on the page that says something like 'join from your browser'. Mac users should download Zoom app or use Chrome browser.
- * When joining the service you will be asked to enter a name for others to see.
- * Select 'Join audio by computer' when prompted
- * You may need to give permission to use your microphone and camera. You can mute and unmute your camera and microphone in the bottom left corner of your screen.

•Mobile Device:

- * If you are using a mobile device you will be prompted to download the app for Zoom. Download it now to make sure you are ready.
- * When you join the service you will be asked to enter a name for others to see.
- * You may need to give permission to use your microphone and camera. You can mute and unmute your camera and microphone in the bottom left corner of your screen.

Join by Phone (audio only):

•You can call into the service. The process goes like this:

- * Call this number: (301) 715-8592
- * Enter this meeting ID number: 714 054 878
- * You do not need a participant ID number, press the # key when prompted.
- * Password: 9072728363
- * That's it! Your phone will be automatically muted when you enter in the meeting.
- * You can mute and unmute your phone by pressing: *6

Stay Connected – Online!

Classes and meetings:

Regular classes and meetings will still happen. They will be held remotely at the links below. All you need to do is click or enter the link and join the room. You may be prompted to allow use of your camera and/or microphone. All classes, meetings, and fellowship opportunities will be in the *Gathering Room* on Zoom.

- Gathering Room: <https://zoom.us/j/779177417>, Password: 9072728363
 - * Lectio Divina (lectionary group)
 - ⇒ Tuesdays at 10:00am
 - * Roots of Joy
 - ⇒ Tuesdays at 7:00pm
 - ⇒ Our current series is exploring anti-racism is/as the church
 - * Afternoon Tea
 - ⇒ Wednesdays and Fridays at 3:00 pm.
 - ⇒ Informal gathering similar to a Sunday Fellowship Hour
 - * Ministry Meetings
 - ⇒ Ministries will continue to meet online at their normal time
 - * Deacon meetings
 - ⇒ As needed
 - * Council
 - ⇒ May schedule additional meetings as needed
 - * Chatting with friends
 - ⇒ Anytime that there are not other scheduled events
 - * Any other scheduled meet-up that is not Sunday morning worship



News from the Pews

This Week at First Congregational Church

- ★ Church Council Meeting—Today, after worship
- ★ Lectio Divina—Tuesdays at 10 am
- ★ Roots of Joy—Tuesdays at 7 pm
- ★ Afternoon Tea—Wednesdays & Fridays at 3 pm
- ★ Handbell Choir—Wednesdays at 5pm, at Caroline's
- ★ Chancel Choir—Wednesdays at 6:30 pm, on Zoom
- ★ Family Game Night—Friday, September 25th at 6 pm

Books for Shungnak School— Shungnak School is a pre K-12 population of about 85 students, most of whom are Alaskan Native (Inupiat). While most teachers have books in their classroom, there is no school or community-wide library.

During the 2018-2019 school year, Outreach sent over 2000 books. Outreach is again sponsoring this activity to include magazines such as National Geographic, Field and Stream, or others of interest to children or adults. To donate books or magazines, please drop them off at church. Jim Walker will be at church Wednesday from 5:00 pm-6:00 pm. Scott McClure will be at church on Monday and Wednesdays from 10:00 am to 1:30 pm.

Also we need large boxes for shipping the books so we'd welcome any donations of that type.



Roots of Joy— A service that explores other ways to engage our faith and spirituality together. Our current series is exploring anti-racism.

Afternoon Tea— Fellowship Ministry is inviting you and your family to Afternoon Tea, every Wednesday & Friday at 3 pm, in the online Gathering room. It is an informal gathering like we have for an hour after Sunday's worship service, so we have no set topic or purpose other than sharing and support.



Family Game Night— an evening of games & fellowship in the Gathering Room. Bring dice & join the fun!

Save the Date!
Pumpkin Carving Contest



Fellowship Ministry is sponsoring a pumpkin carving contest on **Friday, October 23rd at 5 pm**. More details will be announced later, but be sure to put in on your calendar!

New Prayer Concerns

Friends and family of Shirley Follett

Ongoing Prayer Concerns

Larry Jones, brother-in-law of Claudia Kniefel	Karen, friend of Caroline Valentine
Meredith Trombly, step-daughter of Marilyn Lee	All students & educators returning to school
Brenda Post	Claudia Kniefel
Don May, great grandfather of Reagan & Avery Binek	Donna Werth, sister of Vivian Pike
Daliso, son of Amana Mbise	Ron Broome
Louise Smith	Elisabeth Kachline
Linda Sereyko & her mother, Joyce Johnson	Cecilia, sister of Amana Mbise
Stan Parker; brother of Lori Wasko	Karen Wasko; mother of Paul Wasko
Alice Butler; mother of Jane vonBirgelen	Peggy Jones; sister of Claudia Kniefel
Cathy White & her family	Bob Reupke; husband of Toni Reupke
Barbara May; great grandmother of Reagan & Avery Binek	Margaret Webber; friend of Barbara Bowerman & Pam Wright
Family of Ian White; Director, Crow Creek Pipe & Drum	Paul Chapin; cousin of Chris Walker
Joe's daughter; friend of Elisabeth & Harry Kachline	Nicole Johnson; niece of Eric Johnson & Marilyn Lee
Mary Anne's mother; friend of Elisabeth & Harry Kachline	Hans Roar Nilssen; father-in-law of Marilyn Lee's daughter
Wayne Pratt; brother of Sharon Higgins	Sunny Bird; friend of Chris Walker
Jacob Kreuzenstein; grandson of Peggy Kreuzenstein	Charlene Demshki; mother of Ginger Smith
Elizabeth Amber; family of Jenna & Nathan Amber	Lillian Soth; granddaughter of Jeanette & Fermen Dillon

Deaths

Lynn Worth, sister Craig Valentine	Jim Walton
Bill Werth, brother of Vivian Pike	Rossana De Marzo, cousin of Miguel De Marzo

For all the teachers, aides, staff, and volunteers who educate our children; for the first responders, those serving in the military, and those that serve our community in a variety of ways; for the peacekeepers and public servants; for those in our community who are in need and those struggling in different ways; for the people with whom we are in conflict, we pray.

People of First Congregational Church

Senior Minister

Rev. Jacob L. Poindexter

907.272.8363—jacobp@fccak.org

Music Ministry

Caroline Valentine

Organist and Director, Northern Lights Ringers

Lori Parker Wasko

Director, Chancel Choir

Contacts

Krystal Poindexter

Administrative Assistant

907.272.8363—office@fccak.org

Scott McClure

Church Sexton

Sandy Skaggs

Wedding Coordinator

907.223.7659

Sunday Volunteers

Deacon Serving: Sue Hanas

Greeting:

Liturgist:

Fellowship Hour:

Usher Team:

This week's Communion Table flowers are given by Lynn & Dave Barber, in celebration of 6 years of living in Alaska.


Flowers provided by Evalyn's Floral

Connect—Get Involved—Share a Prayer Request

Fill out one of the connect cards located in the back of the pew in front of you and drop it in the offering plate.

Hearing-Assist System

Connect directly to a smart device with Bluetooth hearing aids or traditional headphones.

1. Download the AudioFetch app: 
2. Connect to Wi-Fi signal: FCCAK HEARING ASSIST
3. Make sure hearing aid is Bluetooth connected.
4. Open AudioFetch app and enjoy the sound!

Member—

National Association
Of Congregational
Christian Churches



www.facebook.com/fccak.org

Online Giving

In addition to cash or checks, First Congregational Church accepts donations and pledge payments securely online with a credit card.

Scan the QR code or go to www.fccak.org/give



Thank you for your financial participation in the work of First Congregational Church!

First Congregational Church of Anchorage

September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	24	25	26
Communion		10am Lectio Divina	3pm Afternoon Tea	5pm Handbell Choir (weather contingency)	3pm Afternoon Tea	9am Organist
10:30am Worship		11:30am Staff Meeting	5pm Handbell Choir (@ Caroline's)		6pm Family Game Night	
11:30am Council Mtg		7pm Roots of Joy	6:30pm Choir (on Zoom)			
27	28	29	30	Oct 1	2	3
10:30am Worship		10am Lectio Divina	3pm Afternoon Tea	5pm Handbell Choir (weather contingency)	3pm Afternoon Tea	9am Organist
		11:30am Staff Meeting	5pm Handbell Choir (@ Caroline's)	6pm Investment Club (BR)		
		7pm Roots of Joy	6:30pm Choir (on Zoom)			
4	5	6	7	8	9	10
Communion		10am Lectio Divina	3pm Afternoon Tea	4pm Fellowship Mtg	3pm Afternoon Tea	9am Organist
10:30am Worship		11:30am Staff Meeting	5pm Handbell Choir (@ Caroline's)	5pm Handbell Choir (weather contingency)		
11:30am Outreach Mtg		7pm Roots of Joy	6:30pm Choir (on Zoom)			
11	12	13	14	15	16	17
10:30am Worship	Indigenous Peoples' Day	10am Lectio Divina	3pm Afternoon Tea	5pm Handbell Choir (weather contingency)	3pm Afternoon Tea	9am Organist
		11:30am Staff Meeting	5pm Handbell Choir (@ Caroline's)	6pm Worship Mtg		
		3:30pm Stewardship Mtg	6:30pm Choir (on Zoom)			
		7pm Roots of Joy				

Color Key—Black: Worship, Blue: FCC Activities, Purple: FCC Partnership Activities